

Purpose

The educational sessions of the VNS Annual Meeting address the American Board of Psychiatry and Neurology Maintenance of Certification core competencies in patient care and medical knowledge. The overall purpose of the 2020 VNS Annual Meeting educational sessions is to understand the complicated history of classic vs. non-classic paraneoplastic syndromes and antibody diagnostics and treatment challenges, to describe the concerning factors for an autoimmune basis to encephalitis and discuss a practical approach to diagnosis and treatment, to appreciate the different presentations of small and large fiber sensory polyneuropathies and understand the diagnostic approach and available treatment options, to review the genetics of neuromuscular diseases, current therapeutic strategies and the changing landscape of disease prognosis, to emphasize that the ability to interpret an MRI in conjunction with the neuro exam provides a better guide to diagnosis and treatment than the radiologist interpretation alone, and to review the decline in US life expectancy, mortality trends as related to other high-income countries, potential policy solutions and health implications, and the contributing role of neurological diseases in this decline.

Credit

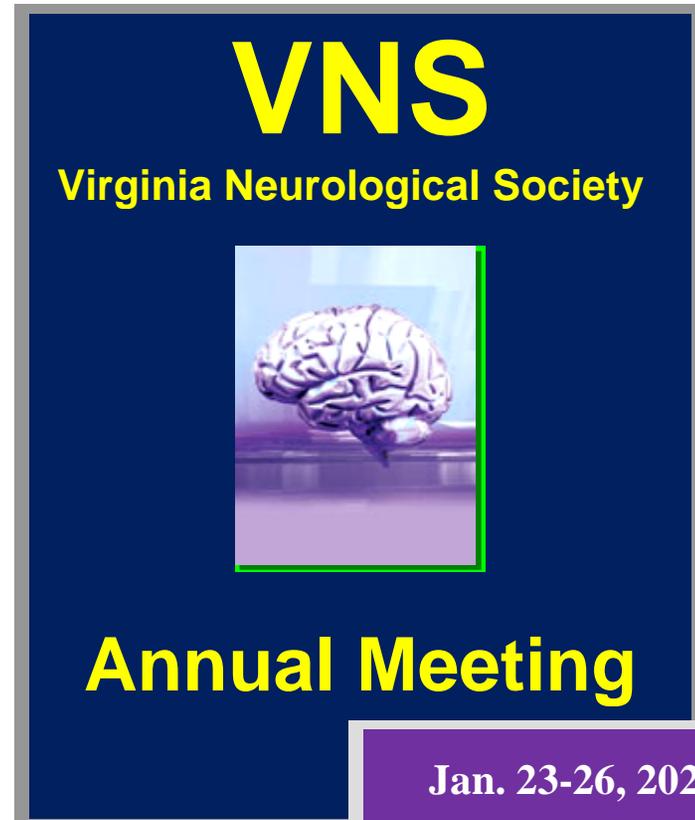
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of VCU Health Continuing Medical Education (VCU-CME) and the Virginia Neurological Society (VNS). VCU-CME is accredited by the ACCME to provide continuing medical education for physicians.

Physicians may claim up to 8.0 hours of Type 1 or Type 2 CME on the Virginia Board of Medicine Continued Competency and Assessment Form required for an active medical license.

VCU-CME designates this live educational activity for a maximum of 8.0 **AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Registration/Location

Tuition and fees are included in membership dues. Tuition and fees for non-members total \$150.00. The meeting is being held at the Omni Homestead Resort in Hot Springs, Virginia. For more information contact Sona Pomfret at: Sona.Pomfret@vaneurosoc.org



A graphic for the VNS Annual Meeting. It features a dark blue background with the text "VNS" in large yellow letters at the top, followed by "Virginia Neurological Society" in smaller yellow letters. Below the text is a photograph of a human brain on a reflective surface. At the bottom, the words "Annual Meeting" are written in large yellow letters.

Jan. 23-26, 2020



Omni Homestead
Hot Springs, VA

The VNS Annual Meeting educational sessions are jointly provided by VCU Health Continuing Medical Education and the Virginia Neurological Society.

Thursday, January 23, 2020

4:00-6:00 pm VNS EXECUTIVE COMMITTEE MEETING Madison
6:30-7:30 pm OPENING RECEPTION Library

Friday, January 24, 2020

8:30am REGISTRATION/COFFEE Garden Room
Exhibits Crystal Ballroom
8:55-9:00 am WELCOME AND OPENING REMARKS Empire Room

SCIENTIFIC SESSION

Robert Saul, MD, Session Planner

9:00-9:45 am Paraneoplastic Syndromes of the Brain

- Alicia Zukas, MD, Richmond, VA

Objectives: To understand the complicated history of classic vs. non-classic paraneoplastic syndromes, antibody diagnostics: spinal fluid/blood or both/neither, the treatment challenges of double-faced immunity and the development of customized treatments based on antigen location.

9:45-10:30 am Autoimmune Encephalitis-The Evolving Landscape of Antibody-Mediated Neuro-inflammatory Disease

- J. Nicholas Brenton, MD, Charlottesville, VA

Objectives: To describe the factors that should raise concern for an autoimmune basis to encephalitis, to learn the most common antibody-mediated encephalitides including MOG-associated encephalitis, and to discuss a practical approach to diagnosis and treatment.

10:30-11:00 am BREAK: VISIT EXHIBITORS Crystal Ballroom

11:00-11:45 am A Practical Approach to Sensory Neuropathies

- Kelly Gwathmey, MD, Richmond, VA

Objectives: To appreciate the different presentations of small and large fiber sensory polyneuropathies, generate a differential diagnosis for both, focus on common/uncommon etiologies, and to understand the diagnostic approach and available treatment options.

11:45-12:30 pm Designer Genes: Advances in Neuromuscular Therapeutics

- Crystal Proud, MD, Norfolk, VA

Objectives: To review the genetics of neuromuscular diseases and the current therapeutic strategies, and to discuss the changing landscape of disease prognosis.

CLINICAL PATHOLOGICAL CORRELATIONS (CPC)

Myla Goldman, MD, Session Planner Empire

5:30-6:30 pm

- Scott Haines, MD, Richmond, VA, Mark Quigg, MD, Charlottesville, VA and Jonathan Snider, MD, Richmond, VA

- Objective:** Clarify important diagnostic and treatment decisions for rare presentations of common disorders or common presentations of rare disorders.

6:30-7:30 pm RECEPTION Library

Saturday, January 26, 2019

9:00-9:30 am REGISTRATION/COFFEE Garden Room
Exhibits Crystal Ballroom

PRACTICE OF NEUROLOGY

Myla Goldman, MD, Session Planner Empire

9:30-10:30 am Neurology and the Marvelous MRI

- Robert Saul, MD, Salem, VA

Objectives: To emphasize with supporting examples that the ability to interpret an MRI in conjunction with the neuro exam provides a better guide to diagnosis and treatment, to reinforce the "sine qua non" for getting the most from an MRI is the neuro exam, and to emphasize that reviewing MRI images provides more in-depth knowledge than a radiologist's interpretation alone.

10:30-11:00 am BREAK: VISIT EXHIBITORS Crystal Ballroom

11:00-12:30 pm ANNUAL BUSINESS MEETING Empire

FRITZ DREIFUSS LECTURE

Donald Taylor, MD, Session Planner Empire

5:30-6:30 pm The Decline in US Life Expectancy and Increase in Midlife Mortality

- Steven Woolf, MD, MPH, Professor, VCU, Richmond, VA

Objectives: to review the decline in US life expectancy and increase in midlife mortality, to discuss mortality trends as related to other high-income countries, to discuss potential policy solutions and the health implications, and the contributing role of neurological diseases to this decline.

Drawing for winner of 2 nights lodging at the Omni Homestead Resort

6:30 pm Annual Group Photograph Crystal Ballroom

6:30-7:30 pm PRESIDENT'S RECEPTION Library

- Hosts: Dr. and Mrs. Donald Taylor

Sunday, January 27, 2019

9:00-11:00 am Difficult Cases-Neurology Consult Commonwealth
Ingrid Loma-Miller, MD, Session Planner

- Felipe Ayala, MD, Resident, UVA, Charlottesville, VA
- Necrisha Roach, MD, Resident, VCU, Richmond, VA

Objective: Produce differential diagnosis and treatment options for cases without an obvious diagnosis or treatment.